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QUESTION 1

The school nurse is conducting health screenings on schoolchildren. During the screening, she identifies a child with the behavioral characteristics of attention deficit disorder.

Which of the following behaviors is consistent with this disorder?

- A. slow speech development
- B. overreaction to stimuli from the surroundings
- C. inability to carry on a conversation
- D. concrete thinking

Correct Answer: B

Children with attention deficit disorder are easily distracted but are able to carry on a conversation. Concrete thinking is more indicative of age, and slow speech development has more to do with other learning disabilities.

QUESTION 2

Which of the following methods of contraception is able to reduce the transmission of HIV and other STDs?

- A. intrauterine device (IUD)
- B. Norplant
- C. oral contraceptives
- D. vaginal sponge

Correct Answer: D

The vaginal sponge is a barrier method of contraception that, when used with foam or jelly contraception, reduces the transmission of HIV and other STDs as well as reducing the risk of pregnancy. IUDs, Norplant, and oral contraceptives can prevent pregnancy but not the transmission HIV and STDs. Clients using the contraceptive IUD, Norplant and Oral contraceptives should be counseled to use a chemical or barrier contraceptive to decrease transmission of HIV or STDs.

QUESTION 3

A client is 36 hours post-op a TKR surgery. 270 cc's of sero-sanguinous accumulates in the surgical drains.

What action should the nurse take?

- A. Notify the doctor
- B. Empty the drain
- C. Do nothing

D. Remove the drain

Correct Answer: A

The physician should be notified if excessive drainage is noted from the surgical site.

QUESTION 4

Nail and foot care are essential in meeting basic hygiene needs of clients.

Important assessments by the nurse in this area include _____.

- A. all body assessment, including the feet and nails
- B. the essential lab work of the client
- C. the nail beds and the tissue surrounding the nails
- D. foot corns and calluses only

Correct Answer: C

The nail beds and the tissue surrounding the nails should be assessed for abnormal discoloration, lesions, paronychia (infection of tissue surrounding the nail), tissue dryness, breaks in the skin, pressure areas, or other abnormal appearances.

QUESTION 5

Which type of hepatitis is transmitted via the fecal-oral route?

- A. A
- B. B
- C. C
- D. D

Correct Answer: A

Type A hepatitis is transmitted via the fecal-oral route. The remaining types have other modes of transmission.

QUESTION 6

The greatest time savers when planning client care include all of the following except _____.

- A. reacting to the crisis of the moment
- B. setting goals
- C. planning

D. specifying priorities

Correct Answer: A

The greatest time-savers when planning client care are activities that facilitate focus and completion of priority items.

Time-savers include setting goals, establishing priorities, planning tasks, delegating where appropriate, reassessment, and ongoing evaluation of needs.

QUESTION 7

The nurse belongs to a professional nursing organization that provides social, educational, and political venues for nurses. The nurse has been active in this organization for almost two years, during which time she meets and works with nurses from several different nursing agencies and health care institutions to achieve a variety of goals, including obtaining advice regarding a personal career choice.

This is an example of _____.

- A. professional nurturing
- B. networking
- C. mentoring
- D. collegiality

Correct Answer: B

Networking involves the process of developing and using contacts throughout one's professional career for information, advice, and support. Nurturing and mentoring are both examples of assistance to other colleagues in formal and informal relationships for support and career building. Collegiality is the professional camaraderie or rapport established among persons through shared experiences.

QUESTION 8

Which is the best way to position a client's neck for palpation of the thyroid?

- A. flexed toward the side being examined
- B. hyperextended directly backward
- C. flexed away from the side being examined
- D. flexed directly forward

Correct Answer: A

Flexed toward the side being examined.

QUESTION 9

The nurse is caring for a postpartum woman who has relinquished her baby for adoption.

The care plan for the client should include which of the following priority strategies?

- A. Make a referral for grief counseling.
- B. Allow the woman to see her baby initially, and then discourage further visits.
- C. Provide opportunities for the woman to express her feelings.
- D. Inform the woman she has the right to change her mind about relinquishment.

Correct Answer: C

Most women who relinquish their infants at birth have come to that decision with a great deal of love and pain. They have made plans in advance. The nurse needs to first provide them with opportunities to express their feelings that might include grief, loneliness, and guilt. A referral for grief counseling might be appropriate if no other support system exists or the mother indicates that she wants assistance working through her grief. If the nurse assesses that the grief process is abnormal, a referral is also appropriate. The mother has probably already made a decision about whether or not she wants to see her baby. The nurse should ask her and make arrangements for that to happen if the mother requests it. Seeing the baby might aid in the grief process. Until relinquishment occurs, this is the mother's baby and she should be allowed to see it as often as she wants. The mother does have the right to change her mind until final legal arrangements are made. But suggesting this option might lead her to think that the nurse believes she shouldn't relinquish her baby.

QUESTION 10

What is the expected date of delivery for the woman who has had their last menstrual period on April 20th?

- A. January 20th
- B. January 27th
- C. January 29th
- D. January 31st

Correct Answer: B

QUESTION 11

A patient has been ordered to get Klonopin for the first time. Which of the following side effects is not associated with Klonopin?

- A. Drowsiness
- B. Ataxia
- C. Salivation elevated
- D. Diplopia

Correct Answer: D

Drowsiness, Ataxia, Salivation elevated are associated side effects of Klonopin.

QUESTION 12

What is a major difference between a problem oriented medical record and a source oriented medical record?

- A. The problem oriented medical system has a centralized part of the chart for interdisciplinary progress notes and the source oriented medical record has separate areas for each profession's progress notes.
- B. The problem oriented medical system consists of narrative progress notes and the source oriented medical record uses SOAP.
- C. The source oriented medical system uses charting by exception and the source oriented medical record system does not.
- D. The source oriented medical system has a centralized part of the chart for interdisciplinary progress notes and the problem oriented medical record has separate areas for each profession's progress notes.

Correct Answer: A

The problem oriented medical system has a centralized part of the chart for interdisciplinary SOAP progress notes and the source oriented medical record has separate areas for each profession's progress notes. Although source oriented medical records can use SOAP, this is not a defining characteristic and most of these notes are free formed narrative notes. Charting by exception is a distinctly different medical system than source or problem oriented medical systems.